

REGION	NORTHERN TRACK & FIELD LEAGUE	Track Events Start in Lane
AREA	WEST	
DIVISION	West 1S	
MATCH	1	
P/FINISH	YES	1

Date 18/05/2024

Venue Macclesfield Leisure Centre

Host Club Crewe & Nantwich AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
1	Crewe & Nantwich AC	C&N	45	77.0	25.0	111.0	258.0
2	Liverpool Harriers & AC	Liv H	55	110.0	21.0	118.0	304.0
3	Liverpool Pembroke & Sefton H AC	Lpem	25	118.0	17.0	137.0	297.0
4	St. Helens Sutton AC	SHS	25	151.0	13.0	70.0	259.0
5	Team Isle of Man ©	T IOM	45	170.0	32.0	164.0	411.0
6	Wrexham AAC	Wrex	45	34.0	11.0	125.0	215.0
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Posn	Team Name	Points	League	Match Pts	League Pts	Total M	Total L	Standings
1	Team Isle of Man ©	411.0	6.0			411.0	6.0	1
2	Liverpool Harriers & AC	304.0	5.0			304.0	5.0	2
3	Liverpool Pembroke & Sefton H AC	297.0	4.0			297.0	4.0	3
4	St. Helens Sutton AC	259.0	3.0			259.0	3.0	4
5	Crewe & Nantwich AC	258.0	2.0			258.0	2.0	5
6	Wrexham AAC	215.0	1.0			215.0	1.0	6

TOTAL EVENTS (Including 2x Non-Scoring 100m)	40
NO COMPETITORS/EVENT CANCELLED or NOT IN THIS ROUND/NMR	1
RESULTS IN	39
REMAINING	-

**West 1S Macclesfield Leisure Centre**

**Match 1 18/05/2024**

**100m Men A**

Posn	No.	Athlete	Club	Perf
1	5	Daniel STEWART-CLAGUE	T IOM	11.40
2	4	Paul BIELBY	SHS	11.60
3	1	Harrison TWIGGE (U17)	C&N	11.80
4	2	Elliott DAVIES	Liv H	12.00
5	6	Daniel WILLIAMS	Wrex	12.20
6	3	Jared NICHOLLS	Lpem	12.50
7				
8				

**100m Men B**

Posn	No.	Athlete	Club	Perf
1	55	Alan STOBART (U17)	T IOM	11.70
2	22	Quinton MAHONEY (U20)	Liv H	11.70
3	66	Nik MESNEY	Wrex	12.30
4	44	Peter DAVIES	SHS	13.30
5	11	Gavin REEDER	C&N	13.60
6	33	William HENRY (U17)	Lpem	13.70
7				
8				

**200m Men A**

Posn	No.	Athlete	Club	Perf
1	5	Daniel STEWART-CLAGUE	T IOM	22.90
2	1	Harrison TWIGGE (U17)	C&N	23.30
3	4	Paul BIELBY	SHS	23.60
4	2	Elliott DAVIES	Liv H	24.40
5	6	Daniel WILLIAMS	Wrex	24.70
6	3	Jared NICHOLLS	Lpem	25.30
7				
8				

**200m Men B**

Posn	No.	Athlete	Club	Perf
1	55	Alan STOBART (U17)	T IOM	23.70
2	44	Gabriel MULLEN (U20)	SHS	24.80
3	33	Ross HARRISON	Lpem	25.30
4	66	Nik MESNEY	Wrex	25.40
5	11	Gavin REEDER	C&N	28.30
6	22	Terence MACKLIN	Liv H	31.20
7				
8				

**400m Men A**

Posn	No.	Athlete	Club	Perf
1	1	Benjamin VERBICKAS	C&N	50.50
2	5	Ben SINCLAIR (U20)	T IOM	50.80
3	4	Gabriel MULLEN (U20)	SHS	51.40
4	6	Oliver EDWARDS	Wrex	53.50
5	2	Thomas CROFT	Liv H	55.60
6	3	Jared NICHOLLS	Lpem	56.40
7				
8				

**400m Men B**

Posn	No.	Athlete	Club	Perf
1	33	Jonathon BRIDE	Lpem	55.30
2	55	Ollie EYRES (U17)	T IOM	56.80
3	22	Andrew SPINK	Liv H	59.20
4	44	Paul BROWNBILL	SHS	66.20
5				
6				
7				
8				

**800m Men A**

Posn	No.	Athlete	Club	Perf
1	3	Ross HARRISON	Lpem	01:53.40
2	2	Michael MCCARTHY	Liv H	01:57.30
3	4	Liam JOHNSON (U17)	SHS	01:57.80
4	1	Samuel PICKERING (U17)	C&N	02:08.10
5	5	Corbyn SCHADE (U20)	T IOM	02:12.40
6	6	Glyn thomas WISE	Wrex	02:42.40
7				
8				

**800m Men B**

Posn	No.	Athlete	Club	Perf
1	22	Jack O'FARRELL	Liv H	01:53.40
2	55	Ben SINCLAIR (U20)	T IOM	02:03.50
3	33	Jonathon BRIDE	Lpem	02:05.60
4	44	joseph BYRNE	SHS	02:07.70
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6				
7				
8				

**West 1S Macclesfield Leisure Centre**

**Match 1 18/05/2024**

**1500m Men A**

Posn	No.	Athlete	Club	Perf
1	3	Ross HARRISON	Lpem	04:24.30
2	2	Charles HARDING	Liv H	04:31.50
3	44	Will VOSE (U17)	SHS	04:46.50
4	5	Jamie HAYES	T IOM	05:14.80
5				
6				
7				
8				

**1500m Men B**

Posn	No.	Athlete	Club	Perf
1	4	joseph BYRNE	SHS	04:52.50
2	33	William HENRY (U17)	Lpem	05:00.70
3				
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5				
6				
7				
8				

**5000m Men A**

Posn	No.	Athlete	Club	Perf
1	2	Thomas ROGERSON	Liv H	15:25.20
2	44	Ryan MOLYNEUX	SHS	17:19.20
3	3	Chris MELLING	Lpem	17:45.20
4	5	Jamie HAYES	T IOM	19:16.90
5				
6				
7				
8				

**5000m Men B**

Posn	No.	Athlete	Club	Perf
1	4	Matt BLAKE	SHS	17:37.60
2	33	Steven NIJS	Lpem	18:19.60
3				
4				
5				
6				
7				
8				

**3km S/Chase Men A**

Posn	No.	Athlete	Club	Perf
1	2	Ethan DUNN	Liv H	10:18.10
2	3	Adam JONES	Lpem	10:50.80
3	4	Christopher BIRKETT	SHS	12:23.00
4	5	Kyle MARTIN	T IOM	16:24.10
5				
6				
7				
8				

**3km S/Chase Men B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

**400m Hurdles Men A**

Posn	No.	Athlete	Club	Perf
1	1	Archie VARLEY (U20)	C&N	60.00
2	3	Adam JONES	Lpem	63.80
3	5	Kyle MARTIN	T IOM	66.70
4	6	Glyn thomas WISE	Wrex	72.40
5	4	Christopher BIRKETT	SHS	88.10
6				
7				
8				

**400m Hurdles Men B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

**West 1S Macclesfield Leisure Centre**

**Match 1 18/05/2024**

**110m Hurdles Men A**

Posn	No.	Athlete	Club	Perf
1	5	Kyle MARTIN	T IOM	19.90
2	3	Adam JONES	Lpem	21.90
3	6	Neil EDWARDS	Wrex	23.30
4				
5				
6				
7				
8				

**110m Hurdles Men B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

**100m N/S Men A**

Posn	No.	Athlete	Club	Perf
1	5		T IOM	12.60
2				
3				
4				
5				
6				
7				
8				

**100m N/S Men B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

**Long Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	3	Sandy CLARKSON	Lpem	5.0
2	11	Dean VALENTINE	C&N	4.55
3	6	Glyn thomas WISE	Wrex	4.46
4	55	Rory TURNER (U17)	T IOM	4.34
5				
6				
7				
8				

**Long Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	5	Corbyn SCHADE (U20)	T IOM	4.08
2	33	William HENRY (U17)	Lpem	3.84
3	1	Gavin REEDER	C&N	3.61
4				
5				
6				
7				
8				

**High Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	5	James MARGRAVE	T IOM	1.80
2	3	Sandy CLARKSON	Lpem	1.80
3	4	Phil ROBINSON	SHS	1.40

**High Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	55	Ollie EYRES (U17)	T IOM	1.55

**West 1S Macclesfield Leisure Centre**

**Match 1 18/05/2024**

**Triple Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	1	Samuel PICKERING (U17)	C&N	11.15
2	3	Adam JONES	Lpem	9.93
3	5	James MARGRAVE	T IOM	9.89
4	6	Glyn thomas WISE	Wrex	9.46
5				
6				
7				
8				

**Triple Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	55	Rory TURNER (U17)	T IOM	9.13
2	66	Neil EDWARDS	Wrex	8.46
3				
4				
5				
6				
7				
8				

**Pole Vault Men A**

Posn	Bib	Athlete	Club	Perf
1	5	Kyle MARTIN	T IOM	3.10
2	1	Archie VARLEY (U20)	C&N	2.90
3	6	Neil EDWARDS	Wrex	2.70
4	3	Mark CROMPTON	Lpem	2.30

**Pole Vault Men B**

Posn	Bib	Athlete	Club	Perf
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**Shot Men A**

Posn	Bib	Athlete	Club	Perf
1	1	Dean VALENTINE	C&N	10.73
2	6	Neil EDWARDS	Wrex	9.56
3	22	Finlay AMY-SMITH	Liv H	9.26
4	5	Kyle MARTIN	T IOM	8.53
5	44	Peter DAVIES	SHS	8.12
6	33	William HYND	Lpem	7.14
7				
8				

**Shot Men B**

Posn	Bib	Athlete	Club	Perf
1	66	Neil DAVIES	Wrex	8.33
2	4	Phil ROBINSON	SHS	7.82
3	2	Matthew AFFUL	Liv H	6.88
4	3	Mark CROMPTON	Lpem	6.62
5	55	Geoff HALL	T IOM	5.77
6				
7				
8				

**Discus Men A**

Posn	Bib	Athlete	Club	Perf
1	22	Nick WEDDERMAN	Liv H	51.64
2	6	Neil EDWARDS	Wrex	28.45
3	1	Dean VALENTINE	C&N	27.24
4	44	Phil ROBINSON	SHS	24.73
5	55	Daniel STEWART-CLAGUE	T IOM	22.90
6	3	Mark CROMPTON	Lpem	20.28
7				
8				

**Discus Men B**

Posn	Bib	Athlete	Club	Perf
1	11	Archie VARLEY (U20)	C&N	27.12
2	66	Neil DAVIES	Wrex	25.05
3	4	Paul BROWNBILL	SHS	22.19
4	5	Ben SINCLAIR (U20)	T IOM	21.72
5	2	Matthew AFFUL	Liv H	17.29
6	33	Sandy CLARKSON	Lpem	15.85
7				
8				

**West 1S Macclesfield Leisure Centre**

**Match 1 18/05/2024**

**Hammer Men A**

Posn	Bib	Athlete	Club	Perf
1	1	Dean VALENTINE	C&N	30.59
2	6	Neil EDWARDS	Wrex	27.32
3	5	Kyle MARTIN	T IOM	23.10
4	4	Ray VOSE	SHS	17.99
5	3	Mark CROMPTON	Lpem	14.61
6				
7				
8				

**Hammer Men B**

Posn	Bib	Athlete	Club	Perf
1	66	Neil DAVIES	Wrex	20.90
2	44	Peter DAVIES	SHS	7.38
3				
4				
5				
6				
7				
8				

**Javelin Men A**

Posn	Bib	Athlete	Club	Perf
1	3	William HYND	Lpem	46.11
2	5	Daniel STEWART-CLAGUE	T IOM	40.53
3	6	Neil EDWARDS	Wrex	38.12
4	1	Dean VALENTINE	C&N	30.47
5	4	Phil ROBINSON	SHS	29.44
6	2	Andrew SPINK	Liv H	21.98
7				
8				

**Javelin Men B**

Posn	Bib	Athlete	Club	Perf
1	33	Charlie CLIMPSON (U17)	Lpem	32.83
2	55	James MARGRAVE	T IOM	26.73
3	66	Neil DAVIES	Wrex	26.39
4	44	Paul BROWNBILL	SHS	19.08
5	22	Terence MACKLIN	Liv H	17.06
6				
7				
8				

**4 x 100m Men A**

Posn	No.	Club	Runners	Perf
1	5	T IOM	Daniel STEWART-CLAGUE Alan STOBART (U17) Kyle MARTIN James MARGRAVE	47.80
2	6	Wrex	Glyn thomas WISE Nik MESNEY Daniel WILLIAMS Oliver EDWARDS	48.70
3	3	Lpem	Jared NICHOLLS Ross HARRISON William HENRY (U17) Adam JONES	49.90
4	4	SHS	Paul BIELBY Paul BROWNBILL Christopher BIRKETT joseph BYRNE	50.90
5	2	Liv H	Terence MACKLIN Thomas CROFT Finlay AMY-SMITH Elliott DAVIES	51.10
6				
7				
8				

**4 x 400m Men A**

Posn	No.	Club	Runners	Perf
1	5	T IOM	Corbyn SCHADE (U20) Ollie EYRES (U17) Daniel STEWART-CLAGUE Ben SINCLAIR	03:47.00
2	1	C&N	Gavin REEDER Benjamin VERBICKAS Archie VARLEY (U20) Harrison TWIGG	03:52.30
3	3	Lpem	Steven NIJS Ross HARRISON Chris MELLING Jonathon BRIDE	03:56.50
4	2	Liv H	Ethan DUNN Andrew SPINK Thomas CROFT Charles HARDING	03:57.10
5	6	Wrex	Glyn thomas WISE Nik MESNEY Daniel WILLIAMS Oliver EDWARDS	04:02.40
6	4	SHS	Gabriel MULLEN (U20) joseph BYRNE Will VOSE (U17) Ryan MOLYNEUX	04:02.80
7				
8				

**West 1S Macclesfield Leisure Centre**

**Match 1 18/05/2024**

**100m Women A**

Posn	No.	Athlete	Club	Perf
1	2	Taylor HARRY	Liv H	12.70
2	5	Meghan PILLEY	T IOM	12.80
3	1	Georgia DONALD	C&N	13.50
4	4	Heather DRILLINGCOURT	SHS	13.70
5	3	Katelyn SWIFT (U20)	Lpem	14.90
6				
7				
8				

**100m Women B**

Posn	No.	Athlete	Club	Perf
1	55	Molly PHILLIPS (U20)	T IOM	13.50
2	11	Holly JEFFS (U20)	C&N	13.60
3	44	Emma LANG (U20)	SHS	13.80
4	22	Cory WILSON	Liv H	14.00
5	33	Dakota BACKHOUSE (U17)	Lpem	14.00
6				
7				
8				

**200m Women A**

Posn	No.	Athlete	Club	Perf
1	2	Taylor HARRY	Liv H	25.30
2	5	Meghan PILLEY	T IOM	26.40
3	3	Lucci BAKER (U20)	Lpem	27.30
4	4	Caitlin HARRISON (U20)	SHS	29.60
5				
6				
7				
8				

**200m Women B**

Posn	No.	Athlete	Club	Perf
1	55	Molly PHILLIPS (U20)	T IOM	28.10
2	22	Cory WILSON	Liv H	29.00
3	33	Katelyn SWIFT (U20)	Lpem	30.90
4	44	Lily ROWSON (U20)	SHS	32.00
5				
6				
7				
8				

**400m Women A**

Posn	No.	Athlete	Club	Perf
1	1	Emma FOWLER	C&N	60.60
2	5	Aimee CHRISTIAN	T IOM	61.60
3	3	Rosie JOHNSON	Lpem	62.80
4	2	Jessica LEONARD	Liv H	63.00
5	4	Sarah BIRKETT	SHS	87.70
6				
7				
8				

**400m Women B**

Posn	No.	Athlete	Club	Perf
1	55	Neve MADDEN (U17)	T IOM	66.10
2	11	Cerys HOWELLS (U20)	C&N	66.80
3				
4				
5				
6				
7				
8				

**800m Women A**

Posn	No.	Athlete	Club	Perf
1	3	Lucci BAKER (U20)	Lpem	02:20.80
2	4	Lucy CLITHEROE (U20)	SHS	02:23.60
3	5	Neve MADDEN (U17)	T IOM	02:30.80
4	44	Lily BIRKETT (U17)	SHS	02:44.60
5				
6				
7				
8				

**800m Women B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

West 1S Macclesfield Leisure Centre

Match 1 18/05/2024

1500m Women A

Posn	No.	Athlete	Club	Perf
1	4	Lucy FAIRCLOUGH	SHS	05:33.60
2	3	Debra CROOK	Lpem	05:53.30
3	5	Helen TAYLOR	T IOM	05:59.30
4				
5				
6				
7				
8				

1500m Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	4	Lucy FAIRCLOUGH	SHS	10:22.10
2	5	Joanne SCHADE	T IOM	12:08.80
3				
4				
5				
6				
7				
8				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	44	Sarah BIRKETT	SHS	13:46.50
2				
3				
4				
5				
6				
7				
8				

2km S/Chase Women A

Posn	No.	Athlete	Club	Perf
1	97		Event Not	
2				
3				
4				
5				
6				
7				
8				

2km S/Chase Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	5	Aimee CHRISTIAN	T IOM	67.10
2	4	Sarah BIRKETT	SHS	1.29.5
3				
4				
5				
6				
7				
8				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	55	Lola BASS (U20)	T IOM	79.40
2	44	Karen MARSH	SHS	1.33.8
3				
4				
5				
6				
7				
8				



**West 1S Macclesfield Leisure Centre**

**Match 1 18/05/2024**

**100m Hurdles Women A**

Posn	No.	Athlete	Club	Perf
1	2	Lucy WOODWARD	Liv H	15.70
2	1	Georgia DONALD	C&N	15.80
3	5	Imogen COOK	T IOM	20.10
4	4	Karen MARSH	SHS	20.70
5				
6				
7				
8				

**100m Hurdles Women B**

Posn	No.	Athlete	Club	Perf
1	22	Elizabeth HENSHALL	Liv H	18.90
2	11	Louisa NAYLOR (U20)	C&N	20.30
3	55	Alice BELL	T IOM	42.90
4				
5				
6				
7				
8				

**100m N/S Women A**

Posn	No.	Athlete	Club	Perf
1	2		Liv H	15.10
2				
3				
4				
5				
6				
7				
8				

**100m N/S Women B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

**Long Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	2	Lucy WOODWARD	Liv H	5.19
2	1	Holly JEFFS (U20)	C&N	4.92
3	5	Imogen COOK	T IOM	4.72
4	6	Amanda COOK	Wrex	4.45
5	33	Dakota BACKHOUSE (U17)	Lpem	4.0
6	4	Caitlin HARRISON (U20)	SHS	3.89
7				
8				

**Long Jump Women B**

Posn	Bib	Athlete	Club	Perf
1	22	Elizabeth HENSHALL	Liv H	4.79
2	55	Ewelina HAND	T IOM	4.34
3	3	Isobel MORGAN	Lpem	3.81
4	44	Emma LANG (U20)	SHS	3.68
5	11	Wendy VALENTINE	C&N	3.09
6				
7				
8				

**High Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	33	Dakota BACKHOUSE (U17)	Lpem	1.50
2	5	Molly PHILLIPS (U20)	T IOM	1.41
3	2	Elizabeth HENSHALL	Liv H	1.45
4	1	Holly JEFFS (U20)	C&N	1.40

**High Jump Women B**

Posn	Bib	Athlete	Club	Perf
1	3	Isobel MORGAN	Lpem	1.40
2	55	Lola BASS (U20)	T IOM	1.40

**West 1S Macclesfield Leisure Centre**

**Match 1 18/05/2024**

**Triple Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	2	Lucy WOODWARD	Liv H	10.77
2	4	Heather DRILLINGCOURT	SHS	9.49
3	5	Imogen COOK	T IOM	9.26
4	6	Amanda COOK	Wrex	8.93
5				
6				
7				
8				

**Triple Jump Women B**

Posn	Bib	Athlete	Club	Perf
1	22	Elizabeth HENSHALL	Liv H	9.61
2	55	Ewelina HAND	T IOM	9.22
3				
4				
5				
6				
7				
8				

**Pole Vault Women A**

Posn	Bib	Athlete	Club	Perf
1	2	Elizabeth HENSHALL	Liv H	3.00
2	5	Lara SMITH (U17)	T IOM	2.50

**Pole Vault Women B**

Posn	Bib	Athlete	Club	Perf
1	22	Ruby PRITCHARD (U20)	Liv H	2.60
2	55	Aimee CHRISTIAN	T IOM	1.70

**Shot Women A**

Posn	Bib	Athlete	Club	Perf
1	3	Anna PEERS	Lpem	11.05
2	2	Lucy WOODWARD	Liv H	10.19
3	66	Isabelle COLLINS	Wrex	9.24
4	1	Emma FOWLER	C&N	9.16
5	5	Alice BELL	T IOM	7.01
6	44	Emma LANG (U20)	SHS	6.56
7				
8				

**Shot Women B**

Posn	Bib	Athlete	Club	Perf
1	22	Elizabeth HENSHALL	Liv H	9.10
2	6	Ellie COLLINS	Wrex	8.50
3	33	Katelyn SWIFT (U20)	Lpem	6.47
4	11	Wendy VALENTINE	C&N	5.97
5	55	Joanne SCHADE	T IOM	5.59
6	4	Karen MARSH	SHS	5.54
7				
8				

**Discus Women A**

Posn	Bib	Athlete	Club	Perf
1	3	Anna PEERS	Lpem	38.12
2	6	Ellie COLLINS	Wrex	27.81
3	55	Aimee CHRISTIAN	T IOM	22.30
4	2	Emily ROWE	Liv H	19.63
5	1	Wendy VALENTINE	C&N	18.65
6	4	Karen MARSH	SHS	13.93
7				
8				

**Discus Women B**

Posn	Bib	Athlete	Club	Perf
1	5	Lola BASS (U20)	T IOM	20.59
2	66	Isabelle COLLINS	Wrex	20.01
3	33	Nicola SWIFT	Lpem	13.47
4	44	Caitlin HARRISON (U20)	SHS	10.98
5				
6				
7				
8				

West 1S Macclesfield Leisure Centre

Match 1 18/05/2024

Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	2	Emily ROWE	Liv H	34.91
2	5	Alice BELL	T IOM	34.10
3	33	Katelyn SWIFT (U20)	Lpem	31.37
4	66	Isabelle COLLINS	Wrex	27.64
5	11	Emma FOWLER	C&N	21.25
6	4	Karen MARSH	SHS	11.66
7				
8				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	3	Anna PEERS	Lpem	29.69
2	6	Ellie COLLINS	Wrex	23.06
3	1	Wendy VALENTINE	C&N	19.30
4	55	Ewelina HAND	T IOM	18.48
5				
6				
7				
8				

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	3	Anna PEERS	Lpem	37.05
2	1	Emma FOWLER	C&N	33.30
3	2	Lucy WOODWARD	Liv H	32.74
4	66	Isabelle COLLINS	Wrex	26.07
5	55	Alice BELL	T IOM	13.28
6	4	Karen MARSH	SHS	5.23
7				
8				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	11	Georgia DONALD	C&N	26.90
2	6	Ellie COLLINS	Wrex	22.37
3	22	Elizabeth HENSHALL	Liv H	15.71
4	5	Lola BASS (U20)	T IOM	12.29
5	33	Nicola SWIFT	Lpem	9.67
6				
7				
8				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	1	C&N	Emma FOWLER Georgia DONALD Cerys HOWELLS (U20) Louisa NAYLOR (U20)	52.20
2	5	T IOM	Molly PHILLIPS (U20) Lara SMITH (U17) Imogen COOK Meghan PILLEY	52.40
3	2	Liv H	Emma SPINK Cory WILSON Lucy WOODWARD Taylor HARRY	52.80
4	3	Lpem	Rosie JOHNSON Debra CROOK Katelyn SWIFT (U20) Lucci BAKER (U20)	58.80
5				
6				
7				
8				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	1	C&N	Emma FOWLER Georgia DONALD Holly JEFFS (U20) Cerys HOWELLS (U20)	04:24.80
2	5	T IOM	Joanne SCHADE Neve MADDEN (U17) Meghan PILLEY Aimee CHRISTIAN	04:28.90
3	2	Liv H	Emily ROWE Cory WILSON Jessica LEONARD Taylor HARRY	04:34.20
4	4	SHS	Lily BIRKETT (U17) Sarah BIRKETT Lucy CLITHEROE (U20) Lucy FAIRCLOUGH	05:25.20
5				
6				
7				
8				