

REGION	NORTHERN TRACK & FIELD LEAGUE	Track Events Start in Lane
AREA	EAST	
DIVISION	East 2	
MATCH	1	
P/FINISH	NO	1

Date 18/05/2024

Venue Sheffield Hallam Uni City Athletics Stadium

Host Club Hallamshire Harriers Sheffield

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
1	Barnsley AC	Barns	55	189.0	8.0	50.0	302.0
2	Bradford Airedale AC	Brad	30	46.0		32.0	108.0
3	Grantham AC	Gran	50	37.0		191.0	278.0
4	Hallamshire Harriers Sheffield	Hallam	55	189.0	33.0	156.0	433.0
5	Newark AC	Newk	40	161.0	18.0	164.0	383.0
6	Pontefract AC	Pont	55	75.0		121.0	251.0
7	Rushcliffe AC	Rush	25	113.0		85.0	223.0
8	Worksop Harriers	Works	10	30.0		37.0	77.0

Posn	Team Name	Points	League	Match Pts	League Pts	Total M	Total L	Standings
1	Hallamshire Harriers Sheffield	433.0	8.0			433.0	8.0	1
2	Newark AC	383.0	7.0			383.0	7.0	2
3	Barnsley AC	302.0	6.0			302.0	6.0	3
4	Grantham AC	278.0	5.0			278.0	5.0	4
5	Pontefract AC	251.0	4.0			251.0	4.0	5
6	Rushcliffe AC	223.0	3.0			223.0	3.0	6
7	Bradford Airedale AC	108.0	2.0			108.0	2.0	7
8	Worksop Harriers	77.0	1.0			77.0	1.0	8

TOTAL EVENTS (Including 2x Non-Scoring 100m)	40
NO COMPETITORS/EVENT CANCELLED or NOT IN THIS ROUND/NMR	1
RESULTS IN	35
REMAINING	<u>4</u>

**East 2 Sheffield Hallam Uni City Athletics Stadium**

**Match 1 18/05/2024**

**100m Men A**

Posn	No.	Athlete	Club	Perf
1	4	Harry STEVENS (U20)	Hallam	11.4
2	5	Orin ALDRIDGE (U17)	Newk	11.6
3	2	Daniel AMUSAN (U17)	Brad	12.2
4	7	Dishon BERKOH-GYAMFI	Rush	12.3
5	1	Christopher GILLOTT	Barns	13.6
6				
7				
8				

**100m Men B**

Posn	No.	Athlete	Club	Perf
1	77	James SCOTT	Rush	12.9
2	44	Maxim JOHNSON (U17)	Hallam	13.6
3	22	Paul BAPTY	Brad	15.1
4	11	Tony RICHARDS-VARDY	Barns	16.8
5	55	Leo-beck AUSTIN (U17)	Newk	DQ
6				
7				
8				

**200m Men A**

Posn	No.	Athlete	Club	Perf
1	4	Harry STEVENS (U20)	Hallam	24.6
2	7	Dishon BERKOH-GYAMFI	Rush	24.9
3	8	Brooklyn CROOKS (U20)	Works	25.4
4	2	Daniel AMUSAN (U17)	Brad	25.4
5	1	Christopher GILLOTT	Barns	27.3
6	5	Leo-beck AUSTIN (U17)	Newk	DQ
7				
8				

**200m Men B**

Posn	No.	Athlete	Club	Perf
1	77	James SCOTT	Rush	26.2
2	88	Ethan ELLERY (U20)	Works	26.3
3	44	Imarn AKHTAR (U20)	Hallam	26.5
4	22	Harold SEWELL	Brad	28.1
5	55	Christophe DARCHIEUX	Newk	31.8
6	11	Tony RICHARDS-VARDY	Barns	36.2
7				
8				

**400m Men A**

Posn	No.	Athlete	Club	Perf
1	5	Orin ALDRIDGE (U17)	Newk	52.7
2	4	Kieron SEXTON	Hallam	54.8
3	8	Ethan ELLERY (U20)	Works	56.9
4	6	Tom SHINKINS (U17)	Pont	57.2
5	1	Christopher GILLOTT	Barns	60.8
6	7	James SCOTT	Rush	62.0
7				
8				

**400m Men B**

Posn	No.	Athlete	Club	Perf
1	44	Sebastian MUSCROFT	Hallam	55.6
2	88	Freddie MARKS (U17)	Works	61.5
3	55	Thomas NEWBOLD (U20)	Newk	66.7
4	11	Ray ARCHER	Barns	1:58:03
5				
6				
7				
8				

**800m Men A**

Posn	No.	Athlete	Club	Perf
1	1	Christopher GILLOTT	Barns	02:00.3
2	4	Oliver MUSCROFT (U20)	Hallam	02:01.3
3	7	Marcus WOOTTON (U17)	Rush	02:03.0
4	5	Oliver CRAMPTON	Newk	02:23.4
5	6	Matthew BELL	Pont	02:33.8
6	3	Paul DAVIS	Gran	03:13.0
7				
8				

**800m Men B**

Posn	No.	Athlete	Club	Perf
1	77	Oscar WYSZYNSKI (U20)	Rush	02:09.9
2	11	Joe COX (U17)	Barns	02:20.5
3	55	Timothy BAGGULEY	Newk	02:33.3
4	66	Chris QUIRKE	Pont	02:35.8
5				
6				
7				
8				

**East 2 Sheffield Hallam Uni City Athletics Stadium**

**Match 1 18/05/2024**

**1500m Men A**

Posn	No.	Athlete	Club	Perf
1	5	Conor PACEY	Newk	04:13.6
2	44	Jed BARTLETT	Hallam	04:19.4
3	1	Christopher GILLOTT	Barns	04:42.4
4	7	Marcus WOOTTON (U17)	Rush	05:07.3
5	66	Chris QUIRKE	Pont	05:27.4
6	3	Paul DAVIS	Gran	06:28.2
7				
8				

**1500m Men B**

Posn	No.	Athlete	Club	Perf
1	4	Kieron SEXTON	Hallam	04:21.5
2	55	Robert LINDSAY	Newk	04:27.1
3	11	Joe COX (U17)	Barns	05:15.5
4	6	Matthew BELL	Pont	05:30.7
5	77	Jagjit RAI	Rush	06:53.9
6				
7				
8				

**5000m Men A**

Posn	No.	Athlete	Club	Perf
1	44	Jed BARTLETT	Hallam	15:38.8
2	1	Gareth COOKE	Barns	16:10.5
3	5	Marcus CHESTERTON	Newk	17:26.1
4	7	Jagjit RAI	Rush	25:14.2
5				
6				
7				
8				

**5000m Men B**

Posn	No.	Athlete	Club	Perf
1	4	Matthew CRAIG	Hallam	15:50.3
2	55	Chris HARRISON	Newk	17:46.9
3	11	John BROOM	Barns	21:15.2
4				
5				
6				
7				
8				

**3km S/Chase Men A**

Posn	No.	Athlete	Club	Perf
1	5	Timothy BAGGULEY	Newk	12:23.1
2	2	Gareth RICHARDSON	Brad	12:26.6
3	11	John BROOM	Barns	15:11.3
4				
5				
6				
7				
8				

**3km S/Chase Men B**

Posn	No.	Athlete	Club	Perf
1	1	Ray ARCHER	Barns	18:36.4
2				
3				
4				
5				
6				
7				
8				

**400m Hurdles Men A**

Posn	No.	Athlete	Club	Perf
1	7	James SCOTT	Rush	68.0
2	5	Timothy BAGGULEY	Newk	85.5
3				
4				
5				
6				
7				
8				

**400m Hurdles Men B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

**East 2 Sheffield Hallam Uni City Athletics Stadium**

**Match 1 18/05/2024**

**110m Hurdles Men A**

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

**110m Hurdles Men B**

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

**100m N/S Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	5	Cameron SHIVAS	Newk	12.8	
2	55	Thomas NEWBOLD	Newk	13.3	
3	55	Christophe DARCHIEUX	Newk	14.9	
4					
5					
6					
7					
8					

**100m N/S Men B**

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

**Long Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	8	Brooklyn CROOKS (U20)	Works	5.91
2	5	Orin ALDRIDGE (U17)	Newk	5.60
3	4	Samuel CHUBB	Hallam	5.56
4	7	Marcus WOOTTON (U17)	Rush	5.34
5	2	Paul BAPTY	Brad	4.40
6	6	Richard HOWES	Pont	4.30
7	3	Christopher BAINBRIDGE	Gran	4.07
8				

**Long Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	55	Cameron SHIVAS (U17)	Newk	4.68
2	44	Oscar BRYCE	Hallam	4.41
3	66	Harrison CARTER (U20)	Pont	3.13
4	33	Philip GARNER	Gran	1.71
5				
6				
7				
8				

**High Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	4	Samuel CHUBB	Hallam	1.70
2	8	Freddie MARKS (U17)	Works	1.65
3	3	Mark ATKIN	Gran	1.65
4	5	Thomas NEWBOLD (U20)	Newk	1.60

**High Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	55	Timothy BAGGULEY	Newk	1.45
2	33	Christopher BAINBRIDGE	Gran	1.40

**East 2 Sheffield Hallam Uni City Athletics Stadium**

**Match 1 18/05/2024**

**Triple Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	4	Samuel CHUBB	Hallam	11.67
2	7	James SCOTT	Rush	11.40
3	8	Freddie MARKS (U17)	Works	10.99
4	55	Cameron SHIVAS (U17)	Newk	10.13
5	6	Richard HOWES	Pont	8.35
6	1	Ray ARCHER	Barns	7.0
7				
8				

**Triple Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	5	Leo-beck AUSTIN (U17)	Newk	x
2				
3				
4				
5				
6				
7				
8				

**Pole Vault Men A**

Posn	Bib	Athlete	Club	Perf
1	4	Maxim JOHNSON (U17)	Hallam	3.20

**Pole Vault Men B**

Posn	Bib	Athlete	Club	Perf
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**Shot Men A**

Posn	Bib	Athlete	Club	Perf
1	3	Christopher BAINBRIDGE	Gran	12.07
2	5	Martin HAYES	Newk	9.78
3	4	Oscar BRYCE	Hallam	9.72
4	66	Harrison CARTER (U20)	Pont	8.69
5	7	James SCOTT	Rush	7.82
6	2	Chris HAINSWORTH	Brad	6.38
7	11	Tony RICHARDS-VARDY	Barns	5.46
8				

**Shot Men B**

Posn	Bib	Athlete	Club	Perf
1	33	Mark ATKIN	Gran	10.22
2	6	Richard HOWES	Pont	7.74
3	55	Andrew HUGHES	Newk	7.37
4	44	Mark BRYCE	Hallam	5.47
5	1	Ray ARCHER	Barns	5.16
6				
7				
8				

**Discus Men A**

Posn	Bib	Athlete	Club	Perf
1	3	Christopher BAINBRIDGE	Gran	40.72
2	4	Oscar BRYCE	Hallam	34.68
3	5	Martin HAYES	Newk	28.40
4	66	Harrison CARTER (U20)	Pont	24.28
5	2	Chris HAINSWORTH	Brad	17.03
6	1	Ray ARCHER	Barns	15.81
7	7	Jagjit RAI	Rush	10.67
8				

**Discus Men B**

Posn	Bib	Athlete	Club	Perf
1	6	Richard HOWES	Pont	22.91
2	33	Philip GARNER	Gran	22.49
3	55	Andrew HUGHES	Newk	17.72
4	44	Mark BRYCE	Hallam	16.96
5	11	Tony RICHARDS-VARDY	Barns	11.98
6				
7				
8				

**East 2 Sheffield Hallam Uni City Athletics Stadium**

**Match 1 18/05/2024**

**Hammer Men A**

Posn	Bib	Athlete	Club	Perf
1	3	Christopher BAINBRIDGE	Gran	46.42
2	4	Oscar BRYCE	Hallam	43.28
3	5	Martin HAYES	Newk	41.88
4	6	Richard HOWES	Pont	17.94
5	2	Chris HAINSWORTH	Brad	15.09
6	1	Ray ARCHER	Barns	14.96
7				
8				

**Hammer Men B**

Posn	Bib	Athlete	Club	Perf
1	33	Philip GARNER	Gran	29.63
2	55	Andrew HUGHES	Newk	28.72
3	44	Mark BRYCE	Hallam	17.49
4	66	Harrison CARTER (U20)	Pont	15.86
5	11	Tony RICHARDS-VARDY	Barns	8.63
6				
7				
8				

**Javelin Men A**

Posn	Bib	Athlete	Club	Perf
1	3	Christopher BAINBRIDGE	Gran	38.59
2	8	Brooklyn CROOKS (U20)	Works	34.19
3	6	Richard HOWES	Pont	32.68
4	7	James SCOTT	Rush	30.85
5	4	Oscar BRYCE	Hallam	24.78
6	5	Timothy BAGGULEY	Newk	22.89
7	22	Paul BAPTY	Brad	20.72
8	1	Ray ARCHER	Barns	13.43

**Javelin Men B**

Posn	Bib	Athlete	Club	Perf
1	33	Mark ATKIN	Gran	34.08
2	44	Maxim JOHNSON (U17)	Hallam	20.71
3	66	Harrison CARTER (U20)	Pont	16.75
4	2	Chris HAINSWORTH	Brad	15.72
5	55	Andrew HUGHES	Newk	15.65
6	11	Tony RICHARDS-VARDY	Barns	9.28
7				
8				

**4 x 100m Men A**

Posn	No.	Club	Runners	Perf
1	4	Hallam	Craig WOLSTENHOLME Harry STEVENS (U20) Jamie HALL Imarn AKHTAR (U20)	52.1
2	5	Newk	Cameron SHIVAS (U17) Robert LINDSAY Orin ALDRIDGE (U17) Leo-beck AUST	DQ
3				
4				
5				
6				
7				
8				

**4 x 400m Men A**

Posn	No.	Club	Runners	Perf
1	4	Hallam	Sebastian MUSCROFT Samuel CHUBB Kieron SEXTON Oliver MUSCROFT (U20)	03:49.5
2	5	Newk	Robert LINDSAY Thomas NEWBOLD (U20) Chris HARRISON Marcus CHESTERTON	04:17.4
3	1	Barns	Christopher GILLOTT Joe COX (U17) Tony RICHARDS-VARDY John BROOM	05:15.7
4				
5				
6				
7				
8				

**East 2 Sheffield Hallam Uni City Athletics Stadium**

**Match 1 18/05/2024**

**100m Women A**

Posn	No.	Athlete	Club	Perf
1	1	Amelie SPICER (U17)	Barns	13.5
2	3	Sofia DANIELE (U20)	Gran	13.6
3	4	Grace INGLE (U17)	Hallam	13.7
4	6	Emily KELLY (U17)	Pont	15.0
5	5	Gillian NEWBOULD	Newk	16.8
6	7	Editha VAN LOON	Rush	18.2
7				
8				

**100m Women B**

Posn	No.	Athlete	Club	Perf
1	11		Barns	14.3
2	44	Jemiah LE VALLOIS (U17)	Hallam	14.9
3	55	Ruth SHIVAS	Newk	19.3
4				
5				
6				
7				
8				

**200m Women A**

Posn	No.	Athlete	Club	Perf
1	1	Amelie SPICER (U17)	Barns	27.5
2	4	Elsie GRIFFITHS (U17)	Hallam	30.3
3	6	Emily KELLY (U17)	Pont	32.5
4	5	Gillian NEWBOULD	Newk	34.5
5	7	Editha VAN LOON	Rush	36.9
6				
7				
8				

**200m Women B**

Posn	No.	Athlete	Club	Perf
1	11		Barns	29.7
2	44	Cedar VERNON-EDWARDS (U1)	Hallam	30.3
3				
4				
5				
6				
7				
8				

**400m Women A**

Posn	No.	Athlete	Club	Perf
1	1	Amelie SPICER (U17)	Barns	65.3
2	4	Grace INGLE (U17)	Hallam	66.0
3	6	Emily KELLY (U17)	Pont	74.2
4	5	Gillian NEWBOULD	Newk	75.5
5	7	Editha VAN LOON	Rush	81.5
6	3	Caroline DAVIS	Gran	1.42:04
7				
8				

**400m Women B**

Posn	No.	Athlete	Club	Perf
1	44	Elsie GRIFFITHS (U17)	Hallam	67.6
2	11	Anneliese BUTTERLEY (U17)	Barns	72.6
3				
4				
5				
6				
7				
8				

**800m Women A**

Posn	No.	Athlete	Club	Perf
1	1	Anneliese BUTTERLEY (U17)	Barns	02:39.1
2	4	Lyra BAKER (U17)	Hallam	02:42.9
3	5	Gillian NEWBOULD	Newk	02:52.2
4	3	Caroline DAVIS	Gran	03:34.2
5				02:56.8
6				03:05.9
7				03:34.2
8				

**800m Women B**

Posn	No.	Athlete	Club	Perf
1	44	Faye SALIM (U17)	Hallam	02:53.5
2	11	Gail COLVILLE	Barns	02:56.8
3	55	Rebecca TAYLOR	Newk	03:05.9
4				
5				
6				
7				
8				

**East 2 Sheffield Hallam Uni City Athletics Stadium**

**Match 1 18/05/2024**

**1500m Women A**

Posn	No.	Athlete	Club	Perf
1	4	Alice GAMBLE	Hallam	05:30.9
2	1	Gail COLVILLE	Barns	05:44.4
3	5	Kimberley ETHERINGTON-BA	Newk	06:05.8
4	6	Christine MCCARTHY	Pont	06:47.2
5	3	Caroline DAVIS	Gran	07:15.6
6				
7				
8				

**1500m Women B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

**3000m Women A**

Posn	No.	Athlete	Club	Perf
1	4	Imogen PIETERS (U20)	Hallam	10:52.1
2	1	Gail COLVILLE	Barns	12:00.4
3	55	Rebecca TAYLOR	Newk	12:30.3
4	6	Christine MCCARTHY	Pont	13:28.2
5				
6				
7				
8				

**3000m Women B**

Posn	No.	Athlete	Club	Perf
1	5	Kimberley ETHERINGTON-BA	Newk	12:52.2
2				
3				
4				
5				
6				
7				
8				

**2km S/Chase Women A**

Posn	No.	Athlete	Club	Perf
1	97		Event Not	
2				
3				
4				
5				
6				
7				
8				

**2km S/Chase Women B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

**400m Hurdles Women A**

Posn	No.	Athlete	Club	Perf
1	2	Abbie MARTIN	Brad	1.40:00
2				
3				
4				
5				
6				
7				
8				

**400m Hurdles Women B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				



**East 2 Sheffield Hallam Uni City Athletics Stadium**

**Match 1 18/05/2024**

**100m Hurdles Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	7	Nina MCEACHRAN (U17)	Rush	17.4	
2	6	Abigail TEECE (U17)	Pont	21.4	
3					
4					
5					
6					
7					
8					

**100m Hurdles Women B**

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

**100m N/S Women A**

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

**100m N/S Women B**

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

**Long Jump Women A**

Posn	Bib	Athlete	Club	Perf	Wind
1	3	Sofia DANIELE (U20)	Gran	4.65	
2	6	Abigail TEECE (U17)	Pont	4.21	
3	1	Anneliese BUTTERLEY (U17)	Barns	4.0	
4	44	Cedar VERNON-EDWARDS (U1)	Hallam	3.60	
5	5	Ruth SHIVAS	Newk	2.81	
6					
7					
8					

**Long Jump Women B**

Posn	Bib	Athlete	Club	Perf	Wind
1	4	Jemiah LE VALLOIS (U17)	Hallam	3.44	
2					
3					
4					
5					
6					
7					
8					

**High Jump Women A**

Posn	Bib	Athlete	Club	Perf	Wind
1	7	Nina MCEACHRAN (U17)	Rush	1.50	
2	6	Abigail TEECE (U17)	Pont	1.35	

**High Jump Women B**

Posn	Bib	Athlete	Club	Perf	Wind

**East 2 Sheffield Hallam Uni City Athletics Stadium**

**Match 1 18/05/2024**

**Triple Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	3	Sofia DANIELE (U20)	Gran	9.67
2				
3				
4				
5				
6				
7				
8				

**Triple Jump Women B**

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

**Pole Vault Women A**

Posn	Bib	Athlete	Club	Perf
1	7	Nina MCEACHRAN (U17)	Rush	2.90

**Pole Vault Women B**

Posn	Bib	Athlete	Club	Perf
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**Shot Women A**

Posn	Bib	Athlete	Club	Perf
1	3	Helen GILBERT	Gran	9.07
2	5	Elsa BROADBERRY (U20)	Newk	7.33
3	7	Editha VAN LOON	Rush	7.05
4	4	Julia JOHNSON	Hallam	5.82
5				
6				
7				
8				

**Shot Women B**

Posn	Bib	Athlete	Club	Perf
1	33	Sage GARNER	Gran	8.03
2	55	Ruth SHIVAS	Newk	5.07
3				
4				
5				
6				
7				
8				

**Discus Women A**

Posn	Bib	Athlete	Club	Perf
1	3	Grace MARSHALL (U17)	Gran	24.73
2	5	Elsa BROADBERRY (U20)	Newk	20.92
3	7	Editha VAN LOON	Rush	20.05
4	44	Jemiah LE VALLOIS (U17)	Hallam	16.65
5	6	Niamh FRASER (U17)	Pont	14.81
6				
7				
8				

**Discus Women B**

Posn	Bib	Athlete	Club	Perf
1	33	Sage GARNER	Gran	19.73
2	4	Julia JOHNSON	Hallam	13.40
3	55	Ruth SHIVAS	Newk	10.97
4				
5				
6				
7				
8				

**East 2 Sheffield Hallam Uni City Athletics Stadium**

**Match 1 18/05/2024**

**Hammer Women A**

Posn	Bib	Athlete	Club	Perf
1	3	Helen GILBERT	Gran	37.78
2	5	Elsa BROADBERRY (U20)	Newk	16.86
3	7	Editha VAN LOON	Rush	13.76
4	66	Jane WILLIAMS	Pont	13.48
5				
6				
7				
8				

**Hammer Women B**

Posn	Bib	Athlete	Club	Perf
1	6	Niamh FRASER (U17)	Pont	13.13
2	55	Ruth SHIVAS	Newk	8.91
3	33	Sage GARNER	Gran	X
4				
5				
6				
7				
8				

**Javelin Women A**

Posn	Bib	Athlete	Club	Perf
1	5	Elsa BROADBERRY (U20)	Newk	22.95
2	3	Helen GILBERT	Gran	21.28
3	6	Niamh FRASER (U17)	Pont	20.35
4	4	Julia JOHNSON	Hallam	18.92
5	7	Editha VAN LOON	Rush	18.11
6	11		Barns	10.15
7				
8				

**Javelin Women B**

Posn	Bib	Athlete	Club	Perf
1	44	Alice PLATT (U17)	Hallam	18.81
2	33	Grace MARSHALL (U17)	Gran	13.92
3	55	Ruth SHIVAS	Newk	12.74
4				
5				
6				
7				
8				

**4 x 100m Women A**

Posn	No.	Club	Runners	Perf
1	4	Hallam	Grace INGLE (U17) Lyra BAKER (U17) Elsie GRIFFITHS (U17) Cedar VERNON-I	57.3
2	5	Newk	Ruth SHIVAS Elsa BROADBERRY (U20) Gillian NEWBOULD Rebecca TAYLOR	67.1
3				
4				
5				
6				
7				
8				

**4 x 400m Women A**

Posn	No.	Club	Runners	Perf
1				
2				
3				
4				
5				
6				
7				
8				